



WELCOME
TO THE
SABAL PALM
beach bar and grill

FEATURING DISHES
FROM THE



ORDER YOUR MEAL TO-GO AND
ENJOY AT OUR BEACHSIDE TABLES!

CLASSIC SOUPS

NEW ENGLAND CLAM CHOWDER \$4.95
Clams, coastal seasoning and cream

PASTA FAGIOLI \$4.95
Traditional Italian pasta and bean soup

RAW BAR

MARKET OYSTERS & CLAMS:
We take our oysters very seriously and will serve only
the freshest oysters available from the East coast

ONE HALF DOZEN \$7.95
Served raw with hot sauce

SABAL PALM DOZEN (13) \$12.95
Served raw with hot sauce

LITTLE NECK CLAMS \$11.95
Steamed and served with hot butter

PEEL & EAT SHRIMP \$11.95
A dozen fresh Gulf shrimp, served with cocktail sauce

COASTAL SALADS

CAESAR SALADS:
Romaine, tangy house dressing, shaved
Pecorino-Romano cheese and croutons

CLASSIC CAESAR \$7.95

GRILLED CHICKEN CAESAR \$11.95

GRILLED SHRIMP CAESAR \$14.95

GRILLED FISH CAESAR \$11.95

ARUGULA & SHRIMP SALAD \$12.95
Sabal Palm's classic grilled shrimp over orzo, arugula
and roasted tomato. Tossed with lemon vinaigrette

INSALATA MISTA \$7.95
Mixed salad greens, celery, tomato, cucumbers, red
onion, fennel, Kalamata olives and Parmesan cheese.
Dressed with a tangy vinaigrette

THIS MENU IS SANITIZED BETWEEN EVERY USE

CLASSIC STARTERS

CALAMARI \$10.95
Flash-fried and served with our homemade marinara

SPICY CALAMARI \$11.95
Flash fried mixed with butter, garlic and hot cherry peppers

JUMBO SHRIMP COCKTAIL \$9.95
Served with spicy cocktail sauce

BOOM BOOM SHRIMP \$10.95
Large shrimp battered, fried and tossed in our Boom Boom Sauce

SHRIMP SCAMPI \$14.95
Large shrimp in butter, garlic, fresh basil and hint of cream. Served with
garlic toast points. There's no better Scampi

CRAB BALLS \$10.95
Made Maryland style with lump crab meat, served with remoulade
sauce

MUSSELS IN WHITE LEMON BUTTER
Prince Edward Island mussels steamed in white wine, basil and our
lemon butter sauce

1LB \$10.95 2LB \$18.95

BUFFALO TAVERN CHIPS \$11.95
Homemade chips topped with shredded chicken breast tossed in
buffalo sauce and crumbly Bleu cheese, mozzarella and broiled.
Served with creamy blue cheese dip

GARLIC FRIES \$6.95
Tossed in garlic butter, parsley and shredded Parmesan cheese

LOADED NACHOS \$10.95
Fresh made tortilla chips topped with jack and cheddar cheeses
then smothered with beef, lettuce, tomato and jalapeños

FRIED ZUCCHINI \$6.95
Served with roasted garlic aioli

FRIED DILL PICKLE SPEARS \$6.95
Pucker up!

SPICY JALAPEÑO POPPERS \$7.95
Stuffed with cream cheese

LOADED BLOOMING ONION \$12.95
Blooming onion topped with melted cheese, our garlic fries and
bacon, served with ranch dressing

HOT WINGS \$11.95
Mild, Medium, Hot



239-463-3111 | 1400 ESTERO BLVD FORT MYERS BEACH, FLORIDA

FOUNDED BY BOB & GRACE CONIDARIS

THANKS FOR BEING HERE!

SABAL PALM

beach bar and grill

BEER-BATTERED TREATS

FISH SANDWICH W/CRISPY FRIES	\$10.95
GROUPEY SANDWICH W/CRISPY FRIES	\$14.95
FISH BASKET W/CRISPY FRIES	\$9.95
GROUPEY BASKET W/CRISPY FRIES	\$13.95

SABAL PALM FAVORITES

CLASSIC SABAL PALM BURGER	\$8.95
Grilled half pound ground chuck with your choice of cheese, lettuce, tomato, red onion served on warm ciabatta with crispy fries	
ITALIAN SAUSAGE HOAGIE	\$8.95
Grilled with onions and peppers, served with crispy fries	
CHICKEN PARMESAN SANDWICH	\$10.95
Served with our signature marinara sauce on a warm hoagie roll with crispy fries	
SABAL PALM FISH SANDWICH	\$9.95
Blackened or grilled, served on a warm Kaiser roll with lettuce, tomato, red onion, citrus remoulade and crispy fries	
HOFFMAN HOTDOG	\$5.95
New York's famous hot dog on a grilled New England roll, served with crispy fries	
TEXAS STYLE: Signature spicy meat sauce topped with chopped onions	\$7.95
SIGNATURE SIRLOIN STEAK SANDWICH	\$13.95
Sliced sirloin on a warm hoagie roll with sliced caramelized onions arugula and mustard mayo. Served with crispy fries	
PARMESAN-CRUSTED CHICKEN ARUGULA	\$12.95
Sautéed chicken breast crusted with grated Parmesan and panko bread crumbs, topped with fresh arugula, tomatoes, and shaved Parmesan cheese in our Mediterranean lemon vinaigrette	
HERMES' CHICKEN	\$13.95
Lightly breaded chicken topped with prosciutto and covered with our creamy lemon herb sauce, served over penne pasta	
CRAB ROLLS	\$14.95
Fresh crab meat tossed in seasoned mayo sauce on a grilled New England Roll, served with crispy fries	
SHRIMP ROLLS	\$14.95
Large shrimp tossed in seasoned mayo sauce on a grilled New England Roll, served with crispy fries	
COCONUT FRIED SHRIMP	\$12.95
Encrusted in sweet coconut breading and golden fried. Served with crispy fries, spicy cocktail sauce and our citrus remoulade for dipping	

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ENJOY THESE EXCLUSIVE DISHES FROM OUR:



SERVED WITH FRESH HOUSE SALAD OR BOWL OF SOUP

SHRIMP SCAMPI	\$25
Gulf shrimp broiled with butter, garlic and lemon, served with linguine	
LINGUINE GAMBERI	\$27
Jumbo shrimp sautéed with artichoke hearts, zucchini, a touch of fresh tomatoes, and tossed with garlic and olive oil	
PENNE CARBONARA	
Prosciutto in an egg, cream and cheese sauce	
With CHICKEN	\$22
With SHRIMP	\$25
CHICKEN RIGGIES	\$22
A Utica, NY specialty, Rigatoni, chicken, hot cherry peppers in a spicy cream tomato sauce	
SAUSAGE RIGGIES	\$24
PASTA MARINARA	\$22
Featuring our GM Larry's Mother's Sicilian classic marinara sauce recipe with our famous Meatballs or Italian Sausage	
FETTUCCINE ALFREDO	
Sauce of butter, cream and parmigiano-reggiano	
With CHICKEN	\$22
With SHRIMP	\$25
LINGUINE WITH	\$19
WHITE CLAM SAUCE	
Little necks out of the shell, simmered with olive oil, garlic and herbs	
CHOICE OF PENNE, LINGUINE, FETTUCINI OR RIGATONI	

YOU CAN ALWAYS ENJOY THESE FABULOUS FAN-FAVORITE MEALS - AND MORE - IN OUR AWARD-WINNING ISLAND VIEW ON THE SIXTH FLOOR OF THE LANI KAI
CALL 239-463-5550 TO RSVP
DAILY CHEF'S SPECIALS, HAPPY HOUR AND LIVE ENTERTAINMENT THROUGHOUT THE WEEK

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